Northern Regional Behavioral Health Resource Guide 2023-2024

CARSON CITY, CHURCHILL, DOUGLAS, LYON, AND STOREY COUNTIES





NEVADA RURAL HOSPITAL PARTNERS FOUNDATION
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NORTHERN REGIONAL BEHAVIORAL HEALTH COORDINATOR

If You Require Immediate
Medical Assistance or are in a
Life-Threatening Emergency
Situation, Please Dial 911
Or

Call or Text the Suicide Prevention Crisis Lifeline at 988.

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Behavioral Health Initiative Acronyms and Definitions

Behavioral Health Task Force (BHTF)

County based policy meetings involving stakeholders that have a vested interest in behavioral health and their communities. Task forces are a place to gather, identify problems, and set goals and priorities for the communities to tackle problems both large and small. Task forces are effective in bringing all stakeholders together as they enable different professions to understand behavioral health impacts and challenges from different perspectives.

Certified Community Behavioral Health Clinics (CCBHC)

- Outpatient behavioral health clinics that provide integrated mental health and substance
 use treatment, primary care assessment, and medication management as needed. CCBHCs
 serve the 'whole person' by offering person-centered and family-centered care. Populations
 that CCBHCs provide services to include:
 - o Adults with serious mental illness (SMI)
 - o Children with serious emotional disturbance (SED)
 - o Individuals with severe substance use disorders (SUD)
 - o Individuals with mild or moderate mental illness and substance abuse disorders
- Services provided:
 - o Community-based mental health and substance use treatment services
 - o Combined behavioral health and physical health care with no wrong door entry
 - Evidenced based practices
 - o Improved access to high-qualitycare
 - Care coordination and case management to address all needs of the individual

Crisis Intervention Team (CIT)

The Crisis Intervention Team (CIT) model is a police-led, collaborative response for behavioral health crises that involves training patrol officers to recognize and de-escalate situations involving individuals experiencing a behavioral health crisis and to refer those individuals to appropriate services, as opposed to conducting an arrest, when possible. The goals of CIT programs are to increase the safety of police interactions with individuals experiencing a crisis, to improve access to behavioral health services for individuals in crisis, and to reduce reliance on the criminal justice system in addressing behavioral health-related challenges. These programs have most traditionally been used to address individuals experiencing mental health or substance use-related crises. Less research has examined the utility of these programs for improving police interactions with individuals with intellectual and/or developmental disabilities (IDD).

Forensic Assessment Service Triage Team (FASTT)

- FASTT teams may include social services, mental health, and substance use treatment agencies who conduct community in-reach into county jails to provide inmates with screening, assessment, treatment, and other services during incarceration and upon reentry into the community to reduce risk of rearrest.

Health and Human Services

The services offered are unique to each county. Counties with robust social service agencies have a wide variety of services for vulnerable populations while other social service agencies are limited to offering emergency rent assistance, housing vouchers and transportation assistance.

Mobile Crises Response Team (MCRT) (Youth)

The MCRT responds to youth and families in crises, by phone or in person, working to connect them to treatment and prevent hospitalizations. Mental health clinicians are available to assess, intervene, and stabilize crises, and connect the family to continuing care. MCRT provides a statewide hotline to receive referrals and provide screening. If additional intervention is necessary, a response team provides limited-time outreach to the youth and family to resolve the crisis. MCRT also offers short-term assistance and case management services.

Mobile Outreach Safety Team (MOST)

A team composed of a mental health clinician and/or case manager, and a law enforcement deputy; may also include an emergency services paramedic and/or social services case manager. The team responds to law enforcement calls and other community referrals that involve behavioral health crisis. Depending on the county, MOST teams may respond to psychiatric emergencies, provide community outreach, and/or provide maintenance checkups on previous contacts. MOST's purpose is to reduce the risk of arrest and hospitalization for individuals experiencing behavioral health issues, thereby increasing the safety of the public.

Multidisciplinary Team (MDT)

A regularly scheduled community provider meeting focused on development of service and crisis stabilization plans for individuals who are in chronic crisis or are overutilizing emergency services. Teams may consist of any combination of law enforcement, emergency medical services, housing, hospitals, social services, and behavioral health treatment providers. For certain populations, Adult Protective Services or the Department of Child and Family Services may be involved.

Northen Regional Behavioral Health Policy Board (NRBHPB)

Website: https://nvbh.org/

 Diverse group of stakeholders from Carson, Churchill, Douglas, Lyon, Mineral and Storey Counties, developed by the Nevada Legislature in 2017 (AB366) to identify gaps, needs, and solutions for behavioral health issues in the region. Currently meeting monthly.

Rural Children's Mental Health Consortium (RCMHC)

The functions of the Consortia are to assess the current and behavioral health services for youth in each jurisdiction and develop a plan that will identify gaps and areas in need of improvement. The RCMHC is comprised of committed professionals, agency personnel, community representatives, parents, foster parents, youth, community business representatives, representatives from the Department of Education and advocates.

State of Nevada-Division of Public and Behavioral Health Rural Clinics (DPBH)

Website: https://dpbh.nv.gov/

 Public outpatient behavioral health services are provided by the Nevada Division of Public and Behavioral Health. Offices are located in most counties (with the exception of Eureka and Storey Counties).

Western Regional Specialty Courts (WRSC)

Website: https://www.reno.gov/government/municipal-court/specialty-courts-and-programs

Specialty Courts are problem-solving courts that help break the cycle of drug and/or alcohol addiction that can influence adult criminal activity, juvenile delinquent behavior, or parental abuse and/or neglect of children. Nevada Revised Statute (NRS) 176.0613 defines a Specialty Court program as, "A program established by a court to facilitate testing, treatment, and oversight of certain persons over whom the court has jurisdiction and who the court has determined suffers from a mental illness or abuses alcohol or drugs."

Collaborative Behavioral Health Programs

	FASTT	JASTT	CIT	MOST	Vulnerable Adult MDT	Elder MDT	Youth MDT
Carson	√	✓	√	√	✓	√	√
Churchill	√		✓		✓	✓	✓
Douglas	✓		✓	√	✓	✓	✓
Lyon	✓		✓	✓	✓	✓	✓
Storey	√			√			✓

Specialty Courts in the Region

	Mental Health Court	Drug Court (MAT)**	Misdemeanor Drug Court	DUI Diversion Court	Family Court
Carson	✓	√ *	✓	√ *	✓
Churchill	√ *	√ *		√ *	√ *
Douglas		√ *		√ *	✓
Lyon	√ *	√ *		√ *	√ *
Storey		√ *		√ *	

^{*}Provided by Western Regional Specialty Courts
**Medication Assisted Treatment

MOST Hours

Counties with MOST	Service Teams	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Carson City (two teams)	One		7:00 – 4:00	7:00 – 4:00	7:00 – 4:00	7:00 – 4:00		
	Two			9:00 - 6:00	9:00-6:00	9:00 - 6:00	9:00 - 6:00	
*Douglas (two teams)	One		8:00 – 5:00	8:00 – 5:00	8:00 – 5:00	8:00 – 5:00		
	Two						2:00 - 9:00	
*Lyon (two teams)	One			6:30 – 5:00	6:30 – 5:00	6:30 – 5:00	6:30 – 5:00	
	Two		8:00-5:00					

^{*}Subject to change. Funding and staffing can affect the days and times of service.

FASTT Hours

Counties with FASTT	Service Teams	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Carson	One		8:00 - 5:00	8:00 - 5:00	8:00 - 5:00	8:00 - 5:00	8:00 - 5:00	
*Churchill	One		8:00 - 5:00	8:00 - 5:00	8:00 - 5:00	8:00 - 5:00	8:00 - 5:00	
*Douglas	One		9:00 – 2:00	9:00 - 2:00	9:00 - 2:00	9:00 - 2:00	9:00 - 2:00	
*Lyon	One		8:00 – 5:00	8:00 – 5:00	8:00 – 5:00	8:00 – 5:00	8:00 – 5:00	

^{*}Subject to change. Funding and staffing can affect the days and times of service.

Behavioral Health Resources

National Resources

National Crisis Call and Support Lines

- The National Lifeline provides 24/7 free and confidential support for people in distress, prevention and crisis resources for individuals and family members, and best practices for professionals in the United States.

Crisis Text Line..... Text "HOME" to 741741

- The National Crisis Text Line is available for any crisis anywhere, anytime in the United States. A live, trained Crisis Counselor will receive the text and respond, all from a secure online platform.
- Website: https://www.crisistextline.org/

Domestic Violence – National HotlineCall (800) 799-7233Text "START" to 88788

- The National Domestic Violence Hotline provides essential tools and support 24/7, 365 days a year, to help survivors of domestic violence so they can live their lives free of abuse.
- Contacts to The Hotline can expect highly trained, expert advocates to offer free, confidential, and compassionate support, crisis intervention information, education, and referral services in over 200 languages.

Harm Reduction Coalition

- Advocacy, Community, and Resources by building evidence-based strategies with and for people who use substances.
- Website: https://harmreduction.org/

National Suicide Prevention LifelineCall (800) 273-8255 (TALK)

 National crisis line provides support 24/7, 365 days a year for individuals of all ages in any type of crisis.

- Call the NAMI Helpline, M-F 10am-10pm ET

24/7 Confidential, Free Crisis Counseling...... Text NAMI to 741741

Nevada Council on Problem Gambling...Call (702-369-9740 or Fax (702) 369-9765 National Problem Gambling Hotline......Call (800)-GAMBLER or Text 800GAM

- The National Council on Problem Gambling operates the National Problem Gambling helpline network with help from state affiliates. The Helpline is a single point of access for those seeking help for either their gambling or someone else's. Trained and certified hotline professionals will access, recommend, and provide problem gambling information and resources specific to the caller's area.
- Email: <u>info@nevadacouncil.org</u>Website: <u>www.nevadacouncil.org</u>
- Chat: 1800gamblerchat.org

Peer Support Network-Resiliency CenterCall or Text (775) 464-1797

- Provides resources and support to our law enforcement, firefighters, EMS, first responders, veterans, hospital professionals, and their families.
- Address: 330 East Liberty Street, Reno, NV, 89501
- Email: <u>hello@nvpsn.org</u>
- Website: https://www.nvpsn.org/index.html

- The Trevor Project's mission is to end suicide among LGBTQ young people.
- Website: https://www.thetrevorproject.org/

Substance Abuse and Mental Health Services Administration (SAMHSA) Website

- SAMHSA "leads public health efforts to advance the behavioral health of the nation and to improve the lives of individuals living with mental and substance use disorders, and their families."
- Website: https://www.samhsa.gov/

- The National Veterans Crisis Line responders are continuing to support Veterans, service members, and their families via 988. Responders are trained in crisis intervention and military culture.

Statewide Resources

General State Agencies and Information

This division is where citizens can "report suspected abuse, neglect, exploitation, isolation, or abandonment of vulnerable adults 18 years and older."

- Website: https://adsd.nv.gov/
- ☐ State Long Term Care Ombudsman-Marie A. Coe
- Email: macoe@adsd.nv.gov

Keeping children safe and families together by providing services and resources that address unmet needs through a cooperative effort between public and private sector agencies.

- Email: mail@childrenscabinet.org
- Website: https://www.childrenscabinet.org/

Health LinkCall (800) 547-2927

Silver State Health Insurance Exchange to help find an affordable health insurance plan according to individuals need and budget.

- Website: https://www.nevadahealthlink.com/

Nevada Peer Support Network – Resiliency Center Call (775) 464-1797

Provides resources and support to our law enforcement, firefighters, EMS, first responders, veterans, hospital professionals, and their families.

- 330 East Liberty Street, Reno, NV, 89501
- Website: nvpsn.org/index.html
- Email: hello@nvpsn.org

Nevada Statewide Coalition Partnership.......Call (775) 450-7333

Website: https://healthiernv.org/

Pediatric Access Line (PAL) Program......Call (702) 553-4528

The free Pediatric Access Line (PAL) program makes child & adolescent psychiatry consultation immediately available to any physicians in Nevada-regardless of their resources or where they live. The PAL Library offers a free, open-access library of quick summary guides designed to help physicians get a better understanding of mental health conditions, including diagnosis, treatment, medication protocols and more.

Website: https://center4cs.org/pal-members/dashboard/

Physical and behavioral health services and resources in Nevada

- Address: 4150 Technology Way, Carson City NV 89706
- Email: https://dpbh.nv.gov/
- Website: https://dpbh.nv.gov/Resources/Resources/

Non-profit legal services organization serving every county in Nevada. They provide civil legal services (no criminal unless it is a tribal court matter), provide community education on various legal topics, and have projects designed to assist renters, seniors, veterans, farmworkers, and Native Americans with a variety of legal issues. They also provide a pro bono program to recruit attorneys across Nevada to help with additional cases.

Website: https://nevadalegalservices.org/

Email: help@nvrural.orgWebsite: https://nvrural.org/

- Services veterans, services members, and their families.
- Website: https://veterans.nv.gov/

Vocational RehabilitationCall (800) 781-8387 or (702) 486-5230

Advising persons with disabilities of their rights and responsibilities under the Federal Rehabilitation Act and employment section of the Americans with Disabilities Act.

- Website: https://detr.nv.gov/Page/Rehabilitation_Division

Welfare and Supportive Services (DWSS)Call (800) 992-0900

The website for this entity houses a child support portal. The division "engages clients, staff and the community to provide public assistance benefits to all who qualify and reasonable support for children with absentee parents to help Nevadans achieve safe, stable and healthy lives." This entity also determines eligibility for the Medicaid program.

Website: https://dwss.nv.gov/

Behavioral Health Services: Inpatient, Outpatient and Crisis Services

211 NevadaCall 2-1-1

Website: Nevada211.org

 Program of the Nevada Department of Health and Human Services helping Nevadans connect with the services they need.

 The National Lifeline provides 24/7 free and confidential support for people in distress, prevention and crisis resources for individuals and family members, and best practices for professionals in the United States.

CARE Team-Rural Clinics Immediate Mental Health.............. Call (877) 283-2437 Website: https://dpbh.nv.gov/Programs/Rural Clinics Administration/CARE Team/

- Supports adults anywhere in Rual Nevada needing immediate mental health care.
- Phone Triage open 24/7, and stabilization with aftercare.
- CARE Team response hours 9am-6pm, 7 days a week, excluding holidays.

Crisis Support Services of Nevada

Statewide crisis line provides support 24/7, 365 days a year for individuals of all ages in any type of crisis.

Children/Youth Crisis Hotline

Northern Nevada	Call (775) 688-4970
Southern Nevada	· /
Rural Nevada Call Center Hotline	` ,
Website: https://knowcrisis.com/	()

 Mobile Crisis Response Team (MCRT) provides 24/7 telephone triage and crisis intervention and short-term support to Nevada families dealing with a behavioral or mental health crisis including phone triage, crisis response and stabilization and after care.

- Statewide anonymous reporting system used to report issues regarding safety to the wellbeing of students, parents and faculty-including bullying, suicide, and self-harm.
- Available 24/7, 365 days a year.

Vegas Strong Resiliency CenterCall (702) 455-2433 or (833) 299-2433

Website: <u>vegasstrongrc.org</u>

1524 Pinto Lane, Las Vegas, NV 89106

Hotline hours: 10 am to 7 pm Monday through Friday.

Services include victim advocacy and support, case management, counseling and spiritual care referrals, and technical assistance with applying for online services including FBI Victim Assistance. Also provides free civil legal services including legal consultation and possible legal representation for issues involving insurance matters, medical billing problems, debt collection, housing and evictions, family law matters, and more.

Website: www.veteranscrisisline.net

 Connect with the Veterans Crisis Line to reach caring, qualified responders with the Department of Veterans Affairs. Many of them are Veterans themselves.

Behavioral Health Non-Emergency Medical Transportation

Website: mtm-inc.net/nevada/

- MTM is the State of Nevada's non-emergency transportation manager for eligible Medicaid members across the state.
- Provides transport for medical appointments covered by Medicaid, pre-arranged hospital to hospital transports, and hospital discharges home.
- For facility transfers or discharges, transport can be arranged on the same day or within 24 hours if travel is out of the service area.

Website: https://www.nevadaruralrsvp.org/

Email: info@nvrsvp.com

Transportation, respite, good neighbor, homemaker services, personal emergency response, Veterans VIP

State Support Lines

- For adults experiencing a mental health crisis, 9 am - 6 pm, 7 days a week.

A non-crisis number for anyone who needs someone to listen to or text – peer support.

A non-crisis number for any youth who needs someone to listen to or text – peer support.

 A non-crisis number provided by Foundation for Recovery, for anyone who is experiencing substance use issues or needing additional support in maintaining recovery.

Substance Use-Statewide

Community Support Recovery Meetings

- Alcoholics Anonymous: https://www.aa.org/find-aa
- Narcotics Anonymous: https://www.na.org/meetingsearch/
- Smart Recovery: https://meetings.smartrecovery.org/meetings/
- Celebrate Recovery: https://www.celebraterecovery.com/what-we-offer/find-a-cr-meeting

Mobile Opioid Recovery Engagement Team (M.O.R.E)

Website: tlccreno.org

Hotline staffed by a peer recovery specialist for individuals or loved ones who struggle with the use of heroin or pain pills. The phone line is monitored from 5 am to 10 pm, 7 days a week. Overseen by The Life Change Center.

Nevada Peer Recovery Support Warmline (SUD)...... Call (800) 509-7762

Website: https://sites.google.com/forrecovery.org/covid-19/online-support-groups

 A non-crisis number provided by Foundation for Recovery, for anyone who is experiencing substance use issues or needing additional support in maintaining recovery.

Rural Nevada Counseling Client Support Line

 All Rural Nevada Counseling offices provide a variety of behavioral health and substance use treatment services including outpatient and intensive outpatient groups and counseling, medication assisted treatment, transitional living, anger management, DUI school, case management, and treatment support with specialty courts.

Regional Resources

Behavioral Health Services: Inpatient, Outpatient and Crisis Services

Website: awakenjustice.org/about-nevada

 Awaken acts to transform our community with the ultimate goal of eradicating commercial sexual exploitation. They aim for victims of commercial sexual exploitation to be restored to their fullest potential and aspire to be an inspirational model for other communities.

Carson Tahoe Behavioral Health Services (Main Hospital)...... Call (775) 445-8000

Website: https://www.carsontahoe.com/behavioral-health-services.html

 Provides inpatient psychiatric and medically supported mental health and substance use treatment services for adults over 18 and older adults in need of geriatric medication adjustment and management.

Website: https://www.carsontahoe.com/behavioral-health-services.html

 24/7 behavioral health crisis stabilization services including assessment, medically supported chemical dependency detoxification services, medication adjustment, counseling, and referral.

Website: https://www.carsontahoe.com/behavioral-health-services.html

- Outpatient Services include individual and group counseling

Carson Valley Health

- A 23-bed/state-accredited hospital with an additional 5 off-site primary care clinics, an urgent care center, and a host of outpatient and complimentary services.

Community Chest, Inc.

- Provides outpatient counseling, case management, workforce employment support, and domestic violence services.
 - Dayton
 - Virgina City
 - Fernley
 - Yerington
 - Telehealth

Website: dpbh.nv.gov/about/overview/nnamhs_overview

- Provides a comprehensive, community-based behavioral health system for adult consumers. Inpatient services are provided through Dini-Townsend psychiatric hospital, located on the same campus as the central Northern Nevada Adult Mental Health Services site. Numerous outpatient services are available which include but are not limited to the Washoe Community Mental Health Center, Outpatient Pharmacy, Psychosocial Rehabilitation Program, Medication Clinic, Service Coordination, Mental Health Court, and Residential Programs.
- Services are provided on a sliding fee scale, and all clinics accept private insurance, Medicaid, and Medicare. Services are not denied if an individual does not have the ability to pay.

Website: renobehavioral.com

 Provides inpatient psychiatric services and supports for children, adolescents, adults and older adults, as well as medically supported substance use detoxification and treatment services.

Rural Counseling and Supportive Services

Website:

dpbh.nv.gov/Programs/ClinicalDropIn/Locations/Rural_Counseling_and_Supportive_ Services_Location/

- Provides a comprehensive array of services to populations living with severe mental illness and/or severe emotional disturbance. Services include outpatient counseling (individual, family and group), psychosocial rehabilitation, case management, and medication clinic.

Rural Nevada Counseling

Website: ruralnevadacounselin	ng.org
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MCT Peer	Call (775) 431-2268
24hr Crisis Line	

- 720 South Main Street, Suite C, Yerington, NV 89447775-463-6597
- Sierra Meadows Business Plaza
 - 415 Highway 95A, Suite H801, Fernley, NV 89408......775-575-6191
- 3595 US Hwy 50 Suite #5, Silver Springs, NV 89429......775-577-6441
- All Rural Nevada Counseling offices provide a variety of behavioral health and substance use treatment services including outpatient and intensive outpatient groups and counseling, medication assisted treatment, transitional living, anger management, DUI school, case management, and treatment support with specialty courts.

Southern Nevada Adult Mental Health Services...... Call (702) 486-6000 Website:

https://dpbh.nv.gov/Programs/ClinicalBehavioralServ/locations/Southern_Nevada_Adult_Ment al Health Services (SNAMHS) Locations/

- Inpatient and Outpatient services; five mental health clinics serving the community and rural Southern Nevada.
- Mobile Crisis, counseling, service coordination, case management, medication management, consumer assistance, peer support; residential support programs, mental health court, Assertive Community Treatment (PACT) teams, Assisted Outpatient Treatment and Drop-in Center.

Website: http://www.vitalityunlimited.org/

Telehealth, outpatient (IOP), residential, crisis management, primary care, veterans, transitional housing

Vitality Unlimited 24/7/365 Crisis Management

_	Reno	Call	(775)	322-3668
_	Carson City	Call	(775)	461-0025
_	Dayton	Call	(775)	241-9442

Hospitals

Banner Churchill Community Hospital
Carson Tahoe Health
Carson Valley Health 1107 Highway 395 N Gardnerville, NV 89410
Desert View Hospital
Grover C. Dils Medical Center
Mt. Grant General Hospital
South Lyon Medical Center
onal Support Services

Region

- Crisis call line and online counseling services to members of Lyon, Mineral, and Storey Counties, and extended areas for reduced rates.

Certified Community Behavioral Health Clinics (CCBHC)

Website: dhcfp.nv.gov/Pgms/CCBHC/CCBHC Main NEW

- Certified Community Behavioral Health Clinics will serve any individual in need of care, regardless of ability to pay, if you are in one of these groups:
 - Adults with serious mental illness.
 - Children with serious emotional disturbance (SED).
 - Individuals with severe substance use disorders.
 - Individuals with mild or moderate mental illness and substance abuse disorders.

Services:

- Community-based mental and substance use disorder services.
- Combined behavioral health and physical health care with no wrong door entry to services.
- Evidence-based practices.
- Improved access to high-quality care.
- Care coordination and case management to address all needs of the individual.

Locations:

- Vitality Unlimited Office (775) 738-4158/Cell: (775) 934-1445
 119 East Long Street, Carson City, NV 89706
Call (775) 461-0025
 120 Pike Street, Dayton, NV 89403
Call (775) 241-9442
 215 Bluffs Avenue, Suite 100, Elko, Nevada 89801
Call (775) 777-8477
 1135 Terminal Way, Suite 208B. Reno, NV 89502
Call (775)322-3668
 New Frontier Treatment Center
 1490 Grimes Street / P.O. Box 1240, Fallon, Nevada 89407
- 24-Hour Emergency Line
 Bridge Counseling Associates
1640 Alta Daixra #4 Lag Vagag Navada 90106
 1640 Alta Drive, #4, Las Vegas, Nevada 89106
 4221 McLeod Drive, Las Vegas, Nevada 89121
- 4221 McLeod Drive, Las Vegas, Nevada 89121
 4221 McLeod Drive, Las Vegas, Nevada 89121 Call (702) 474-6450 Rural Nevada Counseling
 4221 McLeod Drive, Las Vegas, Nevada 89121 Call (702) 474-6450 Rural Nevada Counseling 3595 US-50, Suite 2, Silver Springs, NV 89429
 4221 McLeod Drive, Las Vegas, Nevada 89121 Call (702) 474-6450 Rural Nevada Counseling 3595 US-50, Suite 2, Silver Springs, NV 89429 Call (775) 463-6597
 4221 McLeod Drive, Las Vegas, Nevada 89121
 4221 McLeod Drive, Las Vegas, Nevada 89121
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 4221 McLeod Drive, Las Vegas, Nevada 89121
 4221 McLeod Drive, Las Vegas, Nevada 89121

Behavioral Health Advocacy and Support Services

National Alliance on Mental Illness (NAMI) Western Nevada......Call (775) 440-1626

3094 Research Way, Suite #61. Carson City, NV 89706

Website: namiwesternnevada.org

 Advocates for a life of quality and dignity by providing free education, resources, and confidential emotional support to families and those affected by mental illness. Works to end discrimination and stigma for all the persons affected by these illnesses through broader education and collaboration with the entire community.

□ Programs offered:

NAMI Family-to-Family

NAMI Family-to-Family is a free 12 session course for family members and partners of individuals with serious mental illnesses taught by trained NAMI family members and caregivers of individuals living with mental illness.

NAMI Family Support Group

NAMI Family Support Group is a free and confidential bi-monthly meeting of family members. This group focuses on developing community, shared wisdom, and best support practices for loved ones living with mental illness. These meetings are facilitated by trained NAMI volunteers who are family members.

NAMI Basics

NAMI Basics is a free 6 session education program developed specifically for parents and other caregivers of children and adolescents who have either been diagnosed with a serious mental illness or are experiencing symptoms.

NAMI In Our Own Voice

NAMI In Our Own Voice is a free, unique public education presentation that offers insight into the hope and recovery possible for people living with mental illness.

NAMI Peer-to-Peer

NAMI Peer-to-Peer is a free, 10 session, peer-led, recovery education course, open to any person with a serious mental illness. Peer to Peer emphasizes recovery from mental illness as a feasible, supportable goal and challenges the stigma often wrongly associated with mental illness.

NAMI Homefront

NAMI Homefront is a free, 6 session education program for families, caregivers and friends of military service members and veterans with mental health conditions.

Community Health Nurses

Division of Public and Behavioral Health Community Health Nur	ses:
Website:	

https://dpbh.nv.gov/Programs/ClinicalCN/Locations/Rural Community Health Services Locations/

_	Churchill County Community Health Nurse
	485 West B St. Suite 101 Fallon, NV 89406
_	Dayton Community Health Nurse
	5 Pinecone Dr., Suite 103, Dayton, NV 89403
_	Fernley Community Health Nurse
	55 East Main Street, Fernley, NV 89406
_	Lincoln County Community Health Nurse
	1005 Main Street, Panaca, NV 89042 Call (775) 962-8086
_	Pahrump Community Health Nurse
	55 East Main Street, Fernley, NV 89406
_	Silver Springs Community Health Nurse
	1981 E. Calvada Blvd. Ste 100, Pahrump, NV 89048Call (775) 577-0319
_	South Lyon Medical Center
	213 S Whitacre St, Yerington, NV 89447Call (775) 463-2348
_	Tonopah Community Health Nurse
	1 Frankie St, Tonopah, NV 89049 Call (775) 482-6659
_	Yerington Community Health Nurse
	26 Nevin Way, Yerington, NV 89447
_	Yerington Paiute Tribal Health Clinic
	171 Campbell Lane, Yerington, Nevada 89447
	-

Specialty Courts

Western Regional Specialty Court (WRSC)......Call (775) 232-4737 Website: https://nvcourts.gov/aoc/programs and services/specialty courts/overview

Tribal Communities

Duckwater Health Clinic-Shoshone Tribe......Call (775) 863-0222

- Website: https://www.duckwatertribe.org/
- P.O. Box 140087. Duckwater, NV 89314

- Website: https://www.fpst.org/departments/fpst-clinic/
- 1001 Rio Dr. Fallon, NV 89406

Walker River Paiute Tribal Health Clinic......Call (775) 773-2005

- Website: https://www.wrpt.org/
- 1025 Hospital Rd. Schurz, NV 89427

- Website: www.washoetribe.us
- 1559 Watasheamu Rd. Gardnerville, NV 89460

Yerington Tribal Health Clinic......Call (775) 783-0222

- Website: <u>www.yeringtonpaiute.us</u>
- 1001 Rio Dr. Fallon, NV 89406

Public Health Services

Central Nevada Health District

Website: http://mineralcountynv.us/board of health/central nevada health district.php

 Serving in public health preparedness, disease investigations, public health nursing, environmental health, and disease prevention in various counties including Mineral.

Local Resources

Carson City

For additional local information on community resources, please visit Partnership Carson City's website at: http://www.pcccarson.org/local-services/

County Leadership and Emergency Response

More information on Carson City departments can be found at http://carson.org/

Carson City Dispatch: For emergency and non-emergency law enforcement and Emergency Medical Services/ Fire response
Carson City Sheriff: Sheriff Ken Furlong 911 East Musser Street, Carson City, NV
Carson City Juvenile Probation: Chief Ali Banister 740 S Salimon Road, Carson City, NV
Carson City Fire Department: Chief Sean Slamon 777 S Stewart St, Carson City, NV
Carson City Health and Human Services: Director: Nicki Aaker 900 East Long Street, Carson City 89706
Carson City Health Officer: Dr. Colleen Lyons
Carson City Public Guardian: City Hall 201 N. Carson Street, Suite 1 Carson City, NV 89701 John Giomi

Crisis Behavioral Health Services: Adult and Youth

Carson Tahoe Mallory Crisis Center

 24/7 behavioral health crisis stabilization services including assessment, medically supported chemical dependency detoxification services, medication adjustment, counseling, and referral.

Carson City Mobile Outreach Safety Team

Call the Sheriff's non-emergency dispatch at (775) 887-2500 to request a MOST visit.

- Monday- Friday 8 am- 5 pm.
- Clinician and CIT Behavioral Health Peace Officer team that provides community outreach and support for individuals experiencing behavioral health issues.

 24/7 telephone triage, mobile crisis response, and crisis stabilization across Nevada.

Inpatient Psychiatric and Medical Detox Behavioral Health Services: Adult and Senior

Carson Tahoe Behavioral Health Services

1080 North Minnesota Street, Carson City, NV 89706......Call (775) 445-7350

 Provides inpatient psychiatric and medically supported mental health and substance use treatment services for adults over 18 and older adults in need of geriatric medication adjustment and management.

Outpatient Behavioral Health Services: Adult and Youth

Connections Behavioral Health

777 East William Street #106, Carson City, NV 89701Call (775) 686-0117

- Outpatient medication management and counseling.

Carson Professional Group

 Provides counseling services such as individual, marriage, child and family/group therapy, grief counseling, PTSD, as well as psychoeducation and psychotherapy.

Carson Tahoe Behavioral Health Services

Outpatient medication management and behavioral health counseling services.

Division of Public and Behavioral Health Rural Clinics- Carson City

1665 Old Hot Springs Road, Suite 150, Carson City, NV 89706.... Call (775) 687-0870 Website:

dpbh.nv.gov/Programs/ClinicalBehavioralServ/locations/Rural Community Health Services

 Provides a comprehensive array of services to the severely mentally ill and severely emotionally disturbed populations. Services include outpatient counseling (individual, family and group), psychosocial rehabilitation, case management, medication clinic, residential supports, and mental health court.

Pacific Behavioral Health

 Provides outpatient behavioral health assessment, counseling, and psychosocial rehabilitation (PSR) and basic skills training (BST) for youth and adults, as well as offers an intensive outpatient treatment program (IOP) for youth.

Serenity Mental Health

775 North Roop Street, Suite 101, Carson City, Nevada 89701.... Call (775) 841-6050 Website: serenitymentalhealth.org

Outpatient medication management and counseling.

Sierra Counseling and Neurotherapy

2874 North Carson Street, Suite 215, Carson City, Nevada 89701.. Call (775) 885-7717 Website: scncounseling.com

 Comprehensive mental and substance abuse clinics. Offers individual, group, and family counseling, consulting, therapy services.

Outpatient and Residential Substance Use Treatment

Community Counseling Center

- Outpatient substance use individual and group counseling.

The Life Change Center

1201 North Stewart Street, Carson City, NV 89702Call (775) 355-7734 Website: tlccreno.org

Methadone and medication assisted treatment (MAT) clinic.

Vitality Unlimited Carson City

Website: http://www.vitalityunlimited.org/

 Social Model (non-medical) detox services, and residential and outpatient substance use treatment services.

Health Services

Nevada Health Centers Carson City School Based

Social Services

Carson City Health and Human Services

Manager: Mary Jane Ostrander

Website: http://gethealthycarsoncity.org/

 Provides one-on-one training, resources, and support for individuals to obtain the skills necessary to gain and sustain employment.

School Support Services

School Social Worker and Mental Health Services Program Manager, Carson City School District

Community Advocacy and Support Services

Friends in Service Helping (FISH)

 Provides food assistance, instruction, healthcare, clothing, shelter, and medical aid to individuals who face food insecurity and housing challenges.

Email: notscarson@gmail.com

- Open November through March: Every night 9 pm 6 am.
- Meet in FISH parking lot to shuttle cots and blankets provided, pets welcome but must be kept in crates. No meals served.

Partnership Carson City

 Promotes and facilitates community cooperation, planning, and interaction to maximize resources in the community through substance use prevention and wellness promotion.

Ron Wood Family Resource Center

- Provides support services to obtain access to housing, food, basic needs, and transportation.
- Offers independent living, Differential Response, Cribs for Kids, truancy prevention and intervention.
- Youth and family counseling and support services, parenting classes, emotional regulation classes for youth, and co-parenting services available.
- Food bank available for emergency food supplies.

Specialty Courts

Carson City Mental Health CourtCall (775) 882-6126

Coordinator: Mary Bryan, Community Counseling Center (CCC)

Coordinator: Ali Ziegler (CCC)

Western Regional Specialty Court (WRSC)Call (775) 232-4737

- Email: westernregionaldc@gmail.com
- Provides DUI Diversion and Drug Medication Assisted Treatment (MAT)
 Court in Carson City.

County Jail Re-Entry Support Services

Carson City Jail......Call (775) 887-2020 ext. 41600

- Dr. Joseph McEllistrem
- Website: carson-family.org/staff

Carson City Forensic Assessment Services Triage Team (FASTT)

- FASTT is a multidisciplinary case management team that provides screening and service plan development for mental health, substance use, and basic needs.
- Participating agencies on Carson FASTT include DPBH Rural Clinics Carson City, Carson City Health and Human Services, Community Counseling Center, and Ron Wood Family Resource Center.

Collaborative Community Provider Case Planning

Carson City Multidisciplinary Team (MDT)Call (775) 887-2190

 Community provider meeting, hosted by Carson Tahoe Regional Medical Center and administered by Carson City Health and Human Services, that is focused on collaborative team care planning to support vulnerable adults aged 18-59 experiencing chronic crisis due to health and behavioral health issues

Carson City Elder MDT...... Call (775) 887-2268

- Carson City District Attorney's Office
- Community provider multidisciplinary team focused on coordination and development of case plans for older adults 60 years or older, who are experiencing elder abuse, exploitation, neglect or self-neglect.

Local Behavioral Health Policy Groups

Carson City Behavioral Health Task Force:

 Multidisciplinary group of stakeholders, including community treatment providers, hospital partners, emergency services/fire, law enforcement, social services, and peer and family advocates; meets monthly to identify community behavioral health gaps and needs, and develop solutions to develop and enhance local behavioral health resources.

Churchill County

For additional local information on community resources, please visit: https://www.fallonchamber.com/community-resources/

County Leadership and Emergency Response

More information on Churchill County departments can be found at: http://churchillcounty.org

Crisis Behavioral Health Services: Youth

Youth Mobile Crisis Response TeamCall (702) 486-7865

- Website: http://knowcrisis.com/
- Provides telephone triage, mobile crisis response, and crisis stabilization for youth across Nevada.
- 24/7, 365 days a year.

Outpatient Behavioral Health Services: Adult and Youth

Fallon Family Wellness Center

- - Website: https://fallonfamilywellness.com/
 - Provides mental health assessments and evaluations; drug, alcohol, and gambling evaluations; individual, family and group sessions, coaching; case management; and medication management.

DPBH Rural Clinics- Fallon

- Website: dpbh.nv.gov/Programs/ClinicalBehavioralServ/locations/Rural_Community_
 Health Services
- Provides a comprehensive array of services to the severely mentally ill and severely emotionally disturbed populations. Services include outpatient counseling (individual, family and group), psychosocial rehabilitation, case management, medication clinic, and residential supports.

Kay Riehm LCSWCall (775) 423-5381

- Outpatient behavioral health counseling.

New Frontier Treatment Center (Certified Community Behavioral Health Center) 1490 Grimes St, Fallon, Nevada 89406

Website: http://www.newfrontiernv.us/

- - Offers assessment, outpatient behavioral health and substance use treatment counseling, medication management, opioid medication assisted treatment (MAT), peer support, and residential substance use treatment.

601 W. Moana Lane, Suite 9. Reno, NV 89509

Website: http://pbehavioralhealth.com/

 Provides a comprehensive program of integrative and holistic behavioral healthcare to children and adults that targets the whole person, helping clients to achieve a true balance and life satisfaction. Provides clinical services and assessment, and Psychosocial Rehabilitation Skills (PSR) for all ages.

VA Lahontan Valley Outpatient Clinic

Website: va.gov/sierra-nevada-health-care/locations/lahontan-valley-va-clinic/

- Outpatient behavioral health counseling for Veterans only

- Outpatient behavioral health counseling for Veterans only

Social Services

Churchill County Social Services

485 West B St. #105, Fallon, NV 89406Call (775) 945-2471

- Website: churchillcounty.org/index.aspx?NID=171
- Provides one-on-one training, resources, and support for individuals to obtain the skills necessary to gain and sustain employment.

Health Services

Banner Churchill Community Hospital

- Website: https://www.bannerhealth.com/locations/fallon/banner-churchill-community-hospital

Churchill County Community Health Clinic

485 West B Street, Suite #101, Fallon, NV 89406 Call (775) 423-4434

- The clinic offers family planning, women's and men's health and wellness services, well baby checks, and a full array of immunizations for all ages.

Fallon Tribal Health Center

1001 Rio Vista Drive, Fallon, NV 89406Call (775) 423-3634

Website: http://www.fpst.org/departments/fpst-clinic/

DPBH Rural Clinics- Fallon

– Website:

dpbh.nv.gov/Programs/ClinicalBehavioralServ/locations/Rural Community Health Services

 Provides a comprehensive array of services to the severely mentally ill and severely emotionally disturbed populations. Services include outpatient counseling (individual, family and group), psychosocial rehabilitation, case management, medication clinic, and residential supports.

Community Advocacy and Support Services

- Website: http://www.churchillcoalition.com/
- Promotes and facilitates community cooperation, planning, and interaction to maximize resources in the community through substance use prevention and wellness promotion.

Community Resource LiaisonsCall (775) 217-9958

- Provides case management, community outreach, follow up, and support for vulnerable individuals in the community.

National Alliance on Mental Illness (NAMI) Western NV... Call (775) 440-1626

- Website: https://namiwesternnevada.org/
- Provides peer and family support and education for those experiencing mental health and co-occurring issues. Please see the regional section of this document for overview of programs offered.

Specialty Courts

Western Regional Specialty Courts (WRSC)......Call (775) 232-4737

- Email: Westernregionadc@gmail.com
- Provides Drug, Mental Health, DUI Diversion, and Drug-Medication Assisted Treatment (MAT) Services, and Family Drug Court in Churchill County.

County Jail Re-Entry Support Services

Churchill County Forensic Assessment Services Triage Team (FASTT)Call (775) 666-0003

- Email: FASTTrlo@churchillcoalition.com
- FASTT is a multidisciplinary case management team that provides screening and service plan development for mental health, substance use, and basic needs.
- Participating agencies on Churchill FASTT include Churchill Social Services, Churchill Coalition, and New Frontier Treatment Agency.

Collaborative Community Provider Case Planning

Churchill County Multidisciplinary Team (MDT):

- Community provider meeting focused on developing collaborative team care plan to support vulnerable adults 18-59 experiencing chronic crisis due to health and behavioral health issues. Community providers also participate in a Division of Child and Family Services MDT, and an Elder Protective Services MDT.

Churchill County Elder MDT:

- Email: mmknittle@adsdnv.gov
- Community provider multidisciplinary team focused on coordination and development of case plans for older adults 60 years or older, who are experiencing elder abuse, exploitation, neglect or self-neglect.

Local Behavioral Health Policy Groups

Multidisciplinary group of stakeholders, including community treatment providers, hospital partners, emergency services/fire, law enforcement, social services, and peer and family advocates; meets monthly to identify community behavioral health gaps and needs, and develop solutions to develop and enhance local behavioral health resources.

Douglas County

For additional local information on community resources, please visit Partnership Douglas County's Website at: https://www.pdcnv.org/

County Leadership and Emergency Response

More information on Douglas County departments can be found at www.douglascountynv.gov

Douglas County Emergency Services East Fork Fire Services.. Call (775) 782-9040 Chief Tod Carlini

1694 County Road, Minden, NV

- Provides emergency situation management including fires and medical services.

Tahoe Douglas Fire Protection DistrictCall (775) 586-1577 Fire Chief Scott Lindgren

193 Elks Point Road, Zephyr Cover, NV

- Provides emergency situation management including fires and medical services.

Douglas County Public Guardian......Call (775) 782-6216

Nicole Thomas

PO Box 1929 Minden, NV 89423 Email: nthomas@douglasnv.us

Crisis Behavioral Health Services: Youth

Youth Mobile Crisis Response TeamCall (702) 486-7865 Website: http://knowcrisis.com/

- Provides 24/7 telephone triage, mobile crisis response, and crisis stabilization for youth across Nevada.

Community Behavioral Health Outreach Services

Douglas County Mobile Outreach Safety Team......Call (775) 782-5162 Call county non-emergency dispatch to request a MOST visit. Monday-Friday 8 am – 5 pm.

 Clinician, deputy, and paramedic team that provides clinical and case management community outreach, follow up, and support for individuals experiencing behavioral health issues one day per week on Thursdays.

Outpatient Behavioral Health Treatment Services: Adult and Youth

 Provides a comprehensive array of services to the severely mentally ill and severely emotionally disturbed populations. Services include outpatient counseling (individual, family and group), psychosocial rehabilitation, case management, medication clinic, and residential supports.

 Provides domestic violence counseling, substance use evaluation, therapy, and family and group counseling in partnership with Sage Health.

Tahoe Youth and Family...... Call (775) 782-4202 1512 U.S. Highway 395, Ste. 3, Gardnerville, NV 89410

 Provides mental health counseling, mentoring, substance abuse treatment and other services.

Three Peaks Therapy

1528 U.S. Hwy 395 N # 250, Gardnerville, NV 89410, USA

- Provides counseling, assessment and consultation for individuals, couples, families, and groups.

Vitality for Life - Senior Mental Health Wellness

1107 Highway 395 North, Gardnerville, NV 89410

Website: https://www.carsonvalleyhealth.org/services/behavioral-health-services/vitality-for-life-program/

 Vitality for Life is an intensive outpatient mental health and wellness program, treating seniors with anxiety, depression, and a variety of other problems which affect functioning in their everyday lives. The treatment team is composed of a psychiatrist, Licensed Clinical Social Workers and nursing staff. Located on the second floor of Carson Valley Medical Center.

Health Services

Douglas County Community Health	
Carson Tahoe Minden Medical Center	
Carson Valley Health (Hospital)	
 Tribally operated clinic that provides direct health care services at no cost to Native Americans and beneficiaries. Social Services	
Douglas County Social Services	
School Support Services	
Douglas County School District Executive Director, Shannon Brown)

Specialty Courts

Western Regional Specialty Court (WRSC)

- Provides DUI Diversion and Drug Medication Assisted Treatment (MAT) Court in Douglas County.

County Forensic Services and Jail Re-Entry Case Management Services

Douglas County Forensic Assessment Services Triage Team (FASTT)

- FASTT is a multidisciplinary case management team that provides screening and service plan development for mental health, substance use, and basic needs.
- Participating agencies on Douglas County FASTT include PDC, Community Counseling Center, Douglas County Social Services, and Tahoe Youth and Family Services.

Community Advocacy and Support Services

Friends in Service Helping (FISH)

- Provides food assistance and instruction, clothing, and medical aid to individuals who face food insecurity and other challenges.
- Mondays 2 pm 6 pm, Wednesdays 2 pm 6 pm, Fridays 9 am 1 pm.

Partnership Douglas County

 Promotes and facilitates community cooperation, planning, and interaction to maximize resources in the community through substance use prevention and wellness promotion.

- Provides suicide awareness, support, and prevention in Douglas and Eldorado Counties.
- Facilitates the teen advocacy group, Living Out Loud Group Douglas County, twice a month.

Collaborative Community Provider Case Planning

Douglas County Multidisciplinary Team and Elder MDT......Call (775) 782-9825

Community provider meeting focused on developing collaborative team care plan to support vulnerable adults aged 18-59 experiencing chronic crisis due to health and behavioral health issues, and adults 60 years or older, who are experiencing elder abuse, exploitation, neglect, or self-neglect. Community providers also participate in a Division of Child and Family Services MDT.

Local Behavioral Health Policy Meeting

Douglas County Behavioral Health Task Force:

Facilitators:

Multidisciplinary group of community stakeholders, including treatment providers, hospital partners, emergency services/fire, law enforcement, social services, and peer and family advocates, that meets monthly to identify community behavioral health gaps and needs, and develop solutions to develop and enhance local behavioral health resources.

Lyon County

For additional local information on community resources,
Please contact Lyon County Human Services' resource directory at:
https://lyon-county.org/DocumentCenter/View/5966/LCHS-2018-
Directory?bidId

County Leadership and Emergency Response

More information on Lyon County departments can be found at https://www.lyon-county.org/

Lyon County Dispatch
Lyon County Sheriff:Call (775) 463-6615 or (775) 577-5024 Sheriff Brad Pope 911 Harvey Way, Yerington, NV 89447
Lyon County Juvenile Probation
Lyon County Emergency Services North Lyon Fire Protection District
Central Lyon Fire Protection District
Mason Valley Fire Protection District
Fire Chief Scott Draper 118 South Main Street, Yerington, NV 89447 Website: https://masonvalleyfire.org/index.php
Smith Valley Fire Protection District

Crisis Behavioral Health Services: Adult and Youth

Lyon County Mobile Outreach Safety Team (MOST)

Call Sheriff's non-emergency dispatch at (775) 463-6620 to request a MOST visit. Monday - Friday 8 am- 5 pm.

 Clinician, deputy, and case manager team that provides community outreach and support for individuals experiencing behavioral health issues 3 days per week.

Youth Mobile Crisis Response Team

- Provides telephone triage, mobile crisis response, and crisis stabilization for youth across Nevada.
- Crisis Hotline: 24/7

Outpatient Behavioral Health Services: Adult and Youth

Amber Creek Counseling and Recovery Services......Call (775) 575-2144 415 Hwy 95A, Building G-701, Fernley, NV 89408

 Provides individual, couples and family counseling including alcohol and drug issues, anxiety and stress, conflict resolution, anger and depression, domestic violence and sexual abuse, grief and loss.

Community Chest, Inc.

 The family advocacy program includes many types of counseling services such as domestic violence, substance abuse, personal and court-ordered counseling, and case management. Counselors also work with many high school prevention programs.

Dayton Valley Family Therapy......Call (775) 461-2094 246 Dayton Valley Road, Suite 102-A, Dayton, NV 89403

 Therapeutic counseling is available to help individuals, couples, and families with depression, anxiety, relationship issues, domestic violence, family dynamics, women's issues, and job/school related stress. **Discount Counseling & DUI SchoolCall (775) 250-3149** 45 W. Cedar St, #110, Fernley, NV 89408

 Counseling for substance abuse, marriage and family, communication/anger management, parenting, and court mandated counseling. DUI school and evaluations.

Pacific Behavioral Health.......Call (775) 287-8270 601 W. Moana Lane, Suite 9. Reno, NV 89509

Website: http://pbehavioralhealth.com

 Provides outpatient behavioral health assessment, counseling, and psychosocial rehabilitation (PSR) and basic skills training (BST) for youth and adults and offers an intensive outpatient treatment program (IOP) for youth.

 All Rural Nevada Counseling offices provide a variety of behavioral health and substance use treatment services including outpatient and intensive outpatient groups and counseling, medication assisted treatment, transitional living, anger management, DUI school, case management, and treatment support with specialty courts.

Health Services

Banner Health Center	Call (775) 575-7171
1260 Nevada Pacific Blvd. Fernley, NV 89408	· •
Website: www.bannerhealth.com	
Carson Tahoe Dayton Medical Center	Call (775) 445-7210
901 Medical Center Dr. Dayton, NV 89403	
Website: www.carsontahoe.com	
	G W (===) 000 =000
Renown Medical Group-Fernley	Call (775) 982-5000
1343 West Newlands Dr. Fernley, NV 89408	
Website: https://www.renown.org/Locations	
South Lyon Medical Center	
213 S. Whitacre St. Yerington, NV 89447	
Website: https://slmcnv.org/	
website. https://simenv.org/	
- Barnett Clinic	Call (775) 463-2301
213 S. Whitacre St. Yerington, NV 89447	,
- Physician's Clinic	
213 S. Whitacre St. Yerington, NV 89447	, ,
Smith Valley Clinic	
213 S. Whitacre St. Yerington, NV 89447	, ,

Silver Springs Rural Health Medical Center......Call (775) 577-2117

3595 US 50, Silver Springs, NV 89429

Website: https://www.renown.org/Locations

DPBH Rural Clinics

Website:

<u>dpbh.nv.gov/Programs/ClinicalDropIn/Locations/Rural_Counseling_and_Supportive_</u>
Services Location/

- Provides a comprehensive array of services to the severely mentally ill and severely emotionally disturbed populations. Services include outpatient counseling (individual, family and group), psychosocial rehabilitation, case management, and medication clinic.

Human and Senior Services

Lyon County Human Services

5 Pine Cone Rd, #103, Dayton, NV 89403	Call (775) 246-6326
460 W. Main St, #110, Fernley, NV 89408	Call (775) 575-1703
620 Lake Ave, Silver Springs, NV 89429	` ,
26 Nevin Way, Yerington, NV 89447	Call (775) 463-6583
Website: https://www.lyon-county.org/201/Locations	

- Provides one-on-one training, resources, and support for individuals to obtain the skills necessary to gain and sustain employment.

School Support Services

Safe School Professionals- Healthy Communities Coalition:

 Provides behavioral health support to Lyon County School District High Schools (Dayton, Silver Springs, Fernley)

Specialty Courts

Email: Westernregionadc@gmail.com

 Provides Mental Health, DUI Diversion, and Drug Medication Assisted Treatment (MAT) Courts in Lyon County.

County Jail Re-Entry Support Services

Lyon County Forensic Assessment Services Triage Team (FASTT)

Coordinator: Heather Benson, Lyon County Human Services......Call (775) 577-5009 Email: hbenson@lyon-county.org

- FASTT is a multidisciplinary case management team that provides screening and service plan development for mental health, substance use, and basic needs.

Advocacy and Community Support Services

- Provides food assistance and instruction, clothing, and medical aid to individuals who face food insecurity and other challenges.
- Mondays 2 pm − 6 pm, Wednesdays 2 pm − 6 pm, Fridays 9 am − 1 pm.

Healthy Communities Coalition for Lyon and Storey Counties

- Assists community members in accessing youth substance abuse prevention and leadership/job training, senior issues, access to affordable, locally grown food and access to basic healthcare services and behavioral health care.
 - o Dayton Food Pantry:
 - 209 Dayton Valley Road, Dayton, NVCall (775) 246-7834
 - Tuesday Thursday 10:00 am 4:00 pm.
 - o Silver Stage Food Pantry:

 - Wednesday Friday 10:00 am 4:00 pm.
 - Yerington Food Pantry:
 - 502 W. Bridge Street, Yerington, NV...... Call (775) 350-5497
 - Wednesday Thursday from 9:00 am 4:00 pm.

National Alliance on Mental Illness (NAMI) Western Nevada Call (775) 440-1626 Website: https://namiwesternnevada.org/

 Provides peer and family support and education for those experiencing mental health and co-occurring issues. Please see the regional section of this document for overview of programs offered.

Collaborative Community Provider Case Planning

Lyon County Multidisciplinary Team (MDT)

Coordinator: Shayla Holmes, Lyon County Human Services.....Call (775) 577-5009 Email: sholmes@lyon-county.org

- Community provider meeting focused on developing collaborative team care plans to support vulnerable adults aged 18-59 experiencing chronic crisis due to health and behavioral health issues. Community providers also participate in a Division of Child and Family Services MDT, and an Elder Protective Services MDT.
- Note: To provide referral to the vulnerable adults MDT, client must sign aRelease
 of Information. For more information on these MDTs please contact the
 coordinator listed above.

Lyon County Elder Multidisciplinary Team (MDT)

 Community provider multidisciplinary team focused on coordination and development of case plans for older adults 60 years or older, who are experiencing elder abuse, exploitation, neglect or self-neglect.

Division of Child and Family Services Youth Multidisciplinary Team (MDT)Call (775) 684-4400

Website: https://dcfs.nv.gov/contact/contact_us/

- Multidisciplinary team hosted by Division of Child and Family Services focused on coordination and development of case plans for children who are suspected to be experiencing abuse or neglect.

Local Behavioral Health Policy Meeting

Lyon County Behavioral Health Task Force:

Facilitator: Shayla Holmes

 Multidisciplinary group of community stakeholders, including treatment providers, hospital partners, emergency services/fire, law enforcement, social services, and peer and family advocates, that meets monthly to identify community behavioral health gaps and needs, and develop solutions to develop and enhance local behavioral health resources.

Storey County

County Leadership and Emergency Response

More information on Lyon County departments can be found at http://www.storeycounty.org/

Storey County Sheriff

Sheriff Michael S. Cullen

Storey Assistant Sheriff

Assistant Sheriff Eric Kern

Storey County Fire Department

Fire Chief Jeremy Loncar

145 N. C St. PO Box 603 Virginia City, NV 89440 Call (775) 847-0954

Storey County Community Relations Coordinator

Crisis Behavioral Health Services: Youth

Youth Mobile Crisis Response Team

Website: http://knowcrisis.com/

- Provides telephone triage, mobile crisis response, and crisis stabilization for youth across Nevada.
- Crisis Hotline: 24/7

Outpatient Behavioral Health Services: Adult and Youth

Community Chest, Inc.

- Provides outpatient counseling, case management, workforce employment support, and domestic violence services.

Senior Services/Community Centers

Storey Senior Center - Virginia City

Lockwood Community/Senior Center

Mark Twain Community Center

Health Services

Nevada Health Centers

Virginia City Community Center

Advocacy and Community Support Services

Community Chest, INC

National Alliance on Mental Illness (NAMI) Western Nevada..Call (775) 440-1626 Website: https://namiwesternnevada.org/

 Provides peer and family support and education for those experiencing mental health and co-occurring issues.

Healthy Communities Coalition for Lyon and Storey Counties

209 Dayton Valley Rd., Dayton, NV 89403...... Call (775) 246-7550 Website: https://healthycomm.org/

Specialty Courts

Email: Westernregionadc@gmail.com

Provides DUI Diversion and Drug Medication Assisted Treatment (MAT)
 Court for Storey County Residents in Carson City.

Local Community Policy Meeting

 Multidisciplinary group of community stakeholders, including treatment providers, hospital partners, emergency services/fire, law enforcement, social services, and peer and family advocates, that meets monthly to identify community gaps and needs, and develop solutions to develop and enhance local behavioral health resources.

School Support Services

Community Chest, Inc.

Additional Resources

For additional information and resources, please visit https://nvbh.org

Please utilize the following QR Codes, for video explanations of the Mental Health Crisis Holds process in Nevada:



Nevada Adult Crisis Hold Explanation (English)



Explicación de una Retención de Crisis para Adultos en Nevada (en Español)



Nevada Youth Crisis Hold Explanation (English)



Explicación de una Retención de Crisis para Jóvenes en Nevada (en Español)



PROGRAM MISSION

Mobile Crisis Response Team strives to help Nevada children and adolescents live happily and safely in their homes and communities.

THE COMMUNITY WHO WE SERVE

The Mobile Crisis Response Team provides crisis intervention and stabilization services for youth and families of youth under the age of 18 who are exhibiting behavioral / mental health concerns in which the behavior requires urgent intervention.



DIVISION OF CHILD AND FAMILY SERVICES

6171 W. Charleston Blvd, Bldg 10 Las Vegas, NV 89146

4600 Kietzke Lane Bldg D. Reno, NV 89502

DIVISION OF PUBLIC AND BEHAVIORAL HEALTH

Rural Administrative Office 1825 Pinion Rd. Suite A Elko, NV 89801

HOTLINE

702.486.7865 Las Vegas/Rural

775.688.1670 Washoe

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For Nevada's Children and Families

Sometimes what children don't say speaks louder than what they do.



KNOWCRISIS.COM

GOALS

- Support and maintain youth in their home and community environment.
- Promote and support safe behavior in youth in their homes and community
- Reduce admissions to Emergency Departments due to a behavioral health crisis.
- Facilitate short term in-patient psychiatric hospitalization when needed.
- Assist youth and families in accessing and linking to on-going support and services.



MOBILE CRISIS **RESPONSE TEAMS**

The team supports youth and families in behavioral and mental health crisis situations and helps to find community services for youth and their families. The Mobile Crisis Response Team(MCRT) is designed to reduce emergency department visits due to a psychiatric crisis and to reduce psychiatric hospitalizations when appropriate by providing immediate support and crisis interventions, short-term stabilization and case management services. Interventions are provided in the community, home, and/or through phone consultation.

TELEPHONE TRIAGE

Crisis staff are available to provide support over the phone to assist in resolving or preventing a crisis situation. After an intervention screening, a referral will either be made to a community resource or to the Mobile Crisis Response Team clinician. MCRT triage operates 24 hours a day, 7 days a week, 365 days a year.

CRISIS RESPONSE

If it is determined that further care is needed, a team will respond to the youth and family in crisis. The team will work to de-escalate the crisis and provide interventions to stabilize the crisis. Depending on where the family is located and the time of day, a team may respond in-person or via telehealth.

CRISIS STABILIZATION

Crisis stabilization is a short-term, mental health intervention provided in or outside of the youth and family home. It is designed to assess, manage, monitor, stabilize and support the youth's wellbeing. Teams develop individualized crisis and/or safety plan with the family to help support the youth.

AFTER CARE

The Mobile Crisis Response Team is available to follow up with youth and their families to ensure that there is a smooth transition to needed supports and services in the community.

FREE MENTAL HEALTH **HELP FOR YOUTH - 24/7**

HOTLINE



La Misión del Programa

El Equipo Móvil de Respuesta Infantil se esfuerza en ayudar a los niños y adolescentes de Nevada a vivir felices y seguros en su hogar y comunidades

LA COMUNIDAD A LA QUE SERVIMOS

El Equipo Móvil de Respuesta a Crisis proporciona intervenciones de crisis y servicios de estabilización para jóvenes y familias de jóvenes, que demuestren problemas de salud mental o conductual en los cuales el comportamiento requiere una intervención urgente.



DIVISIÓN DE SERVICIOS PARA LA NIÑEZ Y FAMILIAS

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División de Salud Pública y Comportamiento Mental Oficina Administrativa Rural

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Para los niños y familias de Nevada

A veces lo que los niños no dicen habla más fuerte que lo que hacen.



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Objetivos

- Apoyar y mantener a los jóvenes en su hogar y entorno comunitario.
- Promover y apoyar comportamientos seguros en los jóvenes en sus hogares y comunidad.
- Reducir las admisiones a los departamentos de emergencia debido a una crisis de salud conductual.
- Asistir a los jóvenes y familias a acceder y conectarse con apoyo y servicios continuos.
- Re-dirigir a los niños y jóvenes de las intervenciones de alto nivel (como la hospitalización de pacientes internos) si existe una alternativa de atención segura y eficaz que sea de nivel menor.



EQUIPOS MÓVILES DE RESPUESTA A CRISIS

El equipo apoya a los jóvenes y familias en situaciones de crisis de comportamiento y salud mental y ayuda a encontrar servicios comunitarios para los jóvenes y sus familias. El Equipo Móvil de Respuesta a Crisis (MCRT, por sus siglas en inglés) está diseñado para reducir las visitas al departamento de emergencias debido a una crisis psiquiátrica y para reducir las hospitalizaciones psiquiátricas cuando corresponda brindando apoyo inmediato e intervenciones de crisis, estabilización a corto plazo y servicios de administración de casos. Las intervenciones se brindan en la comunidad, el hogar y/o mediante consultas telefónicas.

TRIAJE TELEFÓNICO

El personal de crisis está disponible para brindar apoyo telefónico y ayudar a resolver o prevenir una situación de crisis. Después de una evaluación de intervención, se hará una referencia a un recurso comunitario o al médico del Equipo Móvil de Respuesta a Crisis.

El triaje de MCRT opera las 24 horas del día, los 7 días de la semana, los 365 días del año.

RESPUESTA A LA CRISIS

Un equipo responderá a los jovenes y familias en crisis. El equipo trabajará para reducir la escala de la crisis y brindará intervenciones para estabilizar la crisis. Dependiendo de dónde se encuentre la familia y la hora del día, un equipo puede responder en persona o a través de Telehealth.

ESTABILIZACIÓN DE CRISIS

La estabilización de crisis es una intervención de salud mental a corto plazo proporcionada dentro o fuera del hogar del joven y la familia. Está diseñado para evaluar, administrar, monitorear, estabilizar y apoyar el bienestar de los jóvenes. Los equipos desarrollan un plan individualizado de crisis y/o seguridad con la familia para ayudar a apoyar al joven.

CUIDADO POSTERIOR

El Equipo móvil de respuesta a crisis está disponible para hacer un seguimiento de los jóvenes y sus familias para garantizar que haya una transición sin problemas a los apoyos y servicios necesarios en la comunidad.

AYUDA GRATUITA DE SALUD MENTAL PARA JÓVENES - 24/7

LÍNEA DIRECTA

702.486.7865 Las Vegas/Rural

775.688.1670



Medical Facility Transportation Resource Guide

MTM is committed to partnering with medical facilities in **Nevada** to ensure seamless, successful transportation delivery to members. We want to be the best partner possible for your facility to ensure that your members are served appropriately. MTM offers several dedicated resources to your staff for scheduling rides for members and delivering support services.

Please use this *Resource Guide* as a convenient means for contacting MTM with your needs. It contains useful contact information for facilities and members to utilize.

Facilities				
Plan	How to Request Transportation	Days' Notice	Additional Resources	
Nevada Medicaid	Call: 1-844-299-6333 TTY:711 Online Scheduling: https://pst.mtmlink.net/	Hours to Call: 24/7 365 Days Per Year Routine Appointments: 3 Business Days Urgent Appointments: 24/7 365 Days Per Year	MTM Nevada Website Register for Online Scheduling Community Outreach: CO-NV@mtm-inc.net File a Complaint: Call: 1-866-436-0457 Email: QM@mtm-inc.net	
Members				

Call the Reservation Line:

1-844-879-7341

Online scheduling cannot be used for members that are within the service area of public transportation



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